

2022 – 2023

Pennsylvania Classic High School Gymnastics Championships



PA Classic Steering Committee Members

Terri Gazda

coachterri1@comcast.net

Central Valley, Hopewell, South Side Beaver
& West Allegheny High Schools

Amy Caprino

amycaprino@yahoo.com

Moon Area High School

Amy Short

amyashort@icloud.com

Neutral / Officials

Irene Holjencin

iam99_2000@yahoo.com

St. Marys High School

Karlee Camesi

comesik12@gmail.com

Bellefonte Area High School

Please submit requests to host a future PA Classic to any member of the Steering Committee. We would like to have a site determined before the conclusion of this year's competition.

Information will be updated regularly on the PA Classic website

www.paclassic.com



2022 – 2023

Information and Meet Format



Hello PA Classic gymnasts and coaches!

We are going to use the same format for this year's PA Classic competition as we did last year. It has the easiest format to alter in case circumstances change as we approach the end of season.

The entire competition will be held in one weekend – **February 17th & 18th**. There will not be separate team and individual dates. The emphasis will be on team while still acknowledging the individual efforts of the gymnasts.

ALL **team members**, regardless of individual division, will compete with their team in the Saturday session. They will compete one time counting for their team and their individual score. Competing teams will be able to designate **five (5)** competitors to be eligible for your team score. The top **four (4)** will be what counts for your team score, using the fifth score as a tie breaker. List **two (2)** alternates per event (*they only compete for the team score if replacing a team competitor*). You will only be able to make changes in your team lineup from your listed two alternates – any other changes in gymnasts will not be accepted.

The Teams will compete on Saturday, February 18th. We are tentatively planning on running all team divisions as ONE session on Saturday. This will allow all gymnasts, coaches, spectators to see our states' best gymnasts in action! All team awards will be presented at the conclusion of this session.

The competition will begin on Friday, February 17th with **ALL** qualified **individuals** NOT associated with a team. ALL individual and team awards will be presented at the conclusion of the entire PA Classic Championship event on Saturday. Any gymnast found to be in the wrong division before or after the awards ceremony must forfeit and return the medal(s) so it may be correctly awarded and will be eliminated from any awards for that year's competition.

*Coaches – Please **verify** your gymnast's eligibility – this is your responsibility!*

PA Classic Steering Committee



PA CLASSIC

Fees & Schedules

Team Competition

\$150

You are permitted to designate **five** per event for your team score.
The top four scores on each event will count toward your team score.
Injury substitutions accepted the day of competition from your two listed alternates only.

* * * * *

Individual Competitors

\$10 per routine

ALL qualified gymnasts will compete for individual awards.

* * * * *

Checks made payable to:

Moon Area Gymnastics Association
[MAGA]

P.O. Box 1356

Moon Township, PA 15108

Please do not mail to the school address

Registration fees are expected to accompany registrations.

Teams and/or individuals with a previous outstanding debt must be paid in full to compete in the 2023 PA Classic.

If the event is canceled due to inclement weather, a portion of the registration fee will be retained to cover costs and the remainder will be refunded.

ADMISSIONS

Spectators are permitted at the venue.

We will follow the guidelines the host school sets regarding masks at the time of the event.

There will be food and drink available for purchase and an eating area provided.

Food and drink are NOT permitted in the gym.

Adults \$10 Students & Senior Citizens \$5 Preschool free

Outside vendor food will not be permitted in the championship venue – you will not be permitted entrance.

****Please remind parents of your athletes of this request****

PA Classic Championships

Team & ALL Individual Divisions

February 17 & 18, 2023

Moon Area High School

Any questions concerning this meet or site please contact

Amy Caprino @ amycaprino@yahoo.com



Tentative Schedule of Events

Individuals & Team at Moon Area High School:

All time schedules are **tentative** and rely on the number of teams/individuals qualified into the event – and – any adjustments needed for the current conditions.

We will use Warm-up / Compete rotations with a touch on competitive equipment.

The first session on Friday will be for ALL individuals without a team who have qualified.

The Saturday session will be for all teams and seeded according to how they qualified.

TENTATIVE SCHEDULE

Friday, February 17

All individuals without a team.

4:00 Doors open
4:15 Coaches Meeting
5:00 Begin Warm ups
5:15 Gymnasts Ready
5:30 March In
5:40 Competition Begins &
President Performers
8:30 *Estimated time for Conclusion*



Saturday, February 18

All teams

Session 1

8:00am Doors Open
8:45 Coaches Meeting
9:30 Warm ups
9:50 Gymnasts Ready
10:00 March In
10:05 President Performers
6:00 Estimated Conclusion

Any questions concerning qualifying standards/clarifications or general information please contact your area representative @ paclassic.com or at their individual email address.



2022-2023 PA CLASSIC




INDIVIDUAL – Qualifying Requirements

Division	Vault	Bars	Beam	Floor	All Around
Bronze	7.75-7.99	7.00-7.99	7.50-7.99	7.75-7.99	30.00-31.99
Silver	8.00-8.49	8.00-8.49	8.00-8.49	8.00-8.49	32.00-33.99
Gold	8.50-8.99	8.50-8.99	8.50-8.99	8.50-8.99	34.00-35.99
Diamond	9.00 & up	9.00 & up	9.00 & up	9.00 & up	36.00 & up

NOTE: Male gymnasts must be in proper uniform – stirrup pant or shorts

Skill limitations for Bronze Division

The following skills may **NOT** be performed in the bronze division. Judges will be instructed to void the routine if these skills are performed.

Vault	9.6 Value vaults and above		Beam	Flight series (acro flight series w/2 flight skills) Any AHS acro skill Dance AHS are permitted
Bars	Giant Swings (any variation) Any AHS skill		Floor	Full twisting salto or more (any position) Any AHS acro skill Dance AHS are permitted

***A gymnast may use their district scores to benefit their qualifying for the PA Classic after acquiring their five scores.

*****REMINDER*****

A gymnast may only place in the top three 'on any event' consecutively in the bronze division for two years maximum. Otherwise he/she will need to compete in the silver division. This is to promote development and growth in the individual gymnast and to prevent repeated awarding for complacency and non-improvement.

*****REMINDER*****

FIVE (5) Scores will be needed for individual qualifying purposes.

TEAM – Qualifying Requirements

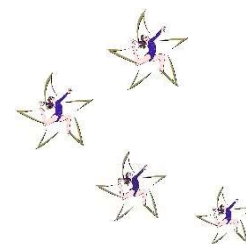
115.000 – 160.000

Teams must attain a qualifying average greater than or equal to 115.000 qualifying average to enter the championship. Team scores obtained at Invitational, Tournament & District competitions will help establish the direction of your team's division. We will then consider the qualifying average, the ideal score and your team gymnasts individual divisions to determine the final team's division bracket.

To be eligible for PA Classic Team Competition –

Your team must be:

- Recognized by your school as a varsity team or club
- Follow PIAA eligibility requirements
- Wear a school uniform – (male gymnast's uniform, stirrup pant or shorts)
- Have four or more members from same school or school approved co-op
- Be in your area's competition schedule – you must compete with each team within your area
- Must have five (5) separate meet scores
- Include your District/League Championships team score



Qualifying Clarifications:



- Scores **must** be obtained at PIAA officiated meets.
- There **must** be **AT LEAST FIVE** separate meet scores to determine individual division.
- **There must be five (5) team scores to determine team division.**
- Your team score must be submitted from any Invitational, Tournament, District competition that was attended during that season. *You may not choose to **not submit** a competitions scores/results for team or individual.*
- **All Around** – each event must attain the division minimum.
Otherwise use specialist averaging of events. (i.e.; V 8.30, Br 7.60, Bm 8.85, Fl 8.80 = 33.55 the bar score did not hit minimum for silver AA. Average 3 events = 8.65 may compete gold division AA or as a specialist.
Bronze division only: if your event specialist average is bronze and your all around is at least 30.0 you may compete all around bronze.
- **Specialist** – the average of the specialist event(s) determines division placement on all event.
- There will be no mixing of divisions.
- Any gymnast who has ever registered and/or competed USAG Level 9 must compete in the Diamond Division. Level 8 must compete Silver or above.
- Gymnasts who have previously competed at the PA Classic may not bump down a division.
- Any gymnast who wins the All Around in a division with a score that exceeds that division – must move up a division for the next year's PA Classic.
- A gymnast may elect to compete in a division higher than that for which she qualified, as long as at least one of his/her events met the requirements for that division.
- District scores will not bump up a gymnast into the next division for the current year's competition.
- The PA Classic Steering Committee will consider past performances at PA Classic meets when determining gymnast and team placement for this event.
- All petition and inquiries must be submitted on the official petition form included in this packet. You must present this to your area representative by **February 11, 2023.**
- A copy of all 2022-23 score sheets (signed by PIAA officials) must be provided to your area representative by **February 11, 2023.**
District VII – yours are supplied by your district representative.
- Gymnast and team placement is ultimately the decision of the PACSC.
- The PA Classic is an **invitational** high school gymnastics competition.
- The official placement meeting of the PACSC will be held on Sunday, February 12, 2023 and is open to committee members and interested coaches who RSVP to their area representative by February 10. *Not sure if this will be a zoom meeting or in person this year.*
- Gymnast **must** be present in **proper attire** to receive award(s).
If an athlete is absent for awards – award will be sent with your area representative and you will need to acquire it from them.
- We will review the scores of any gymnast qualifying in to the PACL from the new Xcel program at the seeding meeting to handle any discrepancies/questions of proper division.

Our seeding meeting may be virtual, depending on the circumstances at that time.

PA Classic

Form Completion Instructions

- ☆ Please type or print neatly. *If you have Excel, you are able to download the forms. The formulas are entered in the spreadsheet and will calculate the averages for you.*
- ☆ Teams and individually qualified non-team gymnasts (*independents*) will need to submit the Cover Sheet & Individual Registration form. Teams will also need to complete the Team Tracker/Registration form.
- ☆ **Take the median score (middle score) and average it with the high score on that event. This is the gymnast's qualifying score for that event. Use the same process for team score.**
- ☆ **Individual Entry Forms** – If using Excel – Gymnast 1 remains gymnast 1 and her name and qualifying average(s) will automatically transfer onto the Individual Entry Form from the Event Tracker Form. The Individual Event Tracker form will record the entire season for each gymnast and transfer the information onto the entry form. *You may also use blank forms and do the calculations by hand. Please be sure to complete the Individual Cover Sheet.*
- ☆ **Team Entry Form** – If using Excel – The top section of the form is the Team Tracker and will calculate the team's qualifying average. The bottom portion is where you **designate your gymnasts for the team competition**. Enter the gymnast's qualifying scores on the events he/she will compete for your team. You may list up to **five competitors per event** (they do not have to be all around) plus two alternates. At the competition **only the five** listed as your team lineup will be competing for your team score. If you use a gymnast in your team lineup that did not qualify individually on that event(s), she is still able to compete for your team – designate her as "TO" – team only competitor. Teams must also fill out the **Individual Entry Forms** for competition on each event and the **Team Cover Sheet**.
- ☆ **Division Determination Section** – for all around gymnasts, total the event qualifying scores and refer to the individual division chart (***do not average the gymnast's all around scores***). For specialists & all around competitors, total the event qualifying scores for the events on which he/she will compete, and divide by the number of events on which he/she will compete.
*Example – A gymnast is a specialist on vault, beam and floor. Total her event qualifying scores (8.425 + 7.500 + 7.825 = 23.75) and divide by 3 (the number of events in which she will compete) this equals 7.9167. She will compete in the bronze division on all three events as there is no mixing of divisions.

Attach copies of signed score sheets from the season and give them to your area representative by

February 11, 2023

(District VII – yours are on file from your district meet – you will need to fill out the registration forms)

2022 – 2023 Pennsylvania Classic

How to use the qualifying format –

Qualifying Format

Take the median score (middle score) on an event and average it with the high score on that event. This will be the gymnast's qualifying score on that event.

Examples:

Gymnast A

Vault	Asc.	Bars	Asc.	Beam	Asc.	Floor	Asc.
8.00	8.00	8.15	8.10	8.15	7.70	8.70	8.50
8.40	8.30	8.10	8.10	8.10	7.95	8.65	8.60
9.10	8.40	8.35	8.15	8.20	8.10	8.60	8.65
8.50	8.50	8.45	8.35	8.20	8.15	8.70	8.70
8.30	8.50	8.60	8.45	8.60	8.20	8.70	8.70
8.75	8.75	8.80	8.60	7.95	8.20	9.05	8.70
8.50	9.10	8.10	8.80	7.70	8.60	8.50	9.05
	8.80		8.575		8.375		8.875

AA

**Qualifying
Average** →

Place scores in ascending or descending order. Highlight the middle score and high score, then average. Gymnast A's four event total is 34.625 – Gold. *(Her beam score is not gold, if you drop it and average the remaining three events; she is still gold with a 3 event average of 8.75)* **How to determine your division did not change.**

Gymnast B

Vault	Dsc.	Bars	Dsc.	Floor	Dsc.
8.40	8.60	8.45	8.65	7.40	8.10
8.30	8.60	8.30	8.45	7.50	7.90
8.60	8.50	8.65	8.40	7.80	7.80
8.10	8.40	8.00	8.30	8.10	7.50
8.60	8.30	8.30	8.30	7.50	7.50
8.50	8.10	8.40	8.00	7.90	7.40
	8.525		8.50		7.875

Specialist

**Qualifying
Average** →

When there is an even amount of meet scores on an event, average the middle two scores to establish the median and then average that score with the high score on the event. Gymnast B's 3 event average is 8.30 – silver division.

Instructions for using the forms in Excel:

Recommended – Use the sample sheets to practice entering scores. These sheets are password protected so you won't be able to mess anything up. You can enter, clear contents, and re-enter new scores and/or names only in areas where it permits entry of information. It will help you understand how it calculates and copies info from the individual tracker sheet to the individual registration sheet.

Cover Sheet – Separate sheets for Individual & Team

Fill in all blanks with your gymnast and team info. This is where the individual and team fees are applied.

Individual Tracker –

There are spaces to record scores for 18 gymnasts who each have a max of 14 meets.

This sheet will, with each entry, calculate their scores and transfer their qualifying average onto the individual registration form.

Individual Registration Form –

You will need to fill in your school name, coach(s) name, phone number, gymnast's division.

The gymnast's name and qualifying information will automatically transfer onto this page **IF** you use the Individual Tracker for each of your gymnasts.

Team Tracker & Registration –

Fill in blanks.

Top portion – Enter your team's event total at each meet, the sheet will total the team score and do the calculations for qualifying average.

Bottom portion – Enter your gymnasts that you want to be eligible to compete in the team championships.

Be sure to enter their division and qualifying average(s). *Non-qualified team entries are to be marked "TO" – team only competitor.*

Maximum of five gymnasts per event.

ALL five will compete towards your team score – **top four will count.**

Injury Petition –

Fill in the blanks with appropriate information.